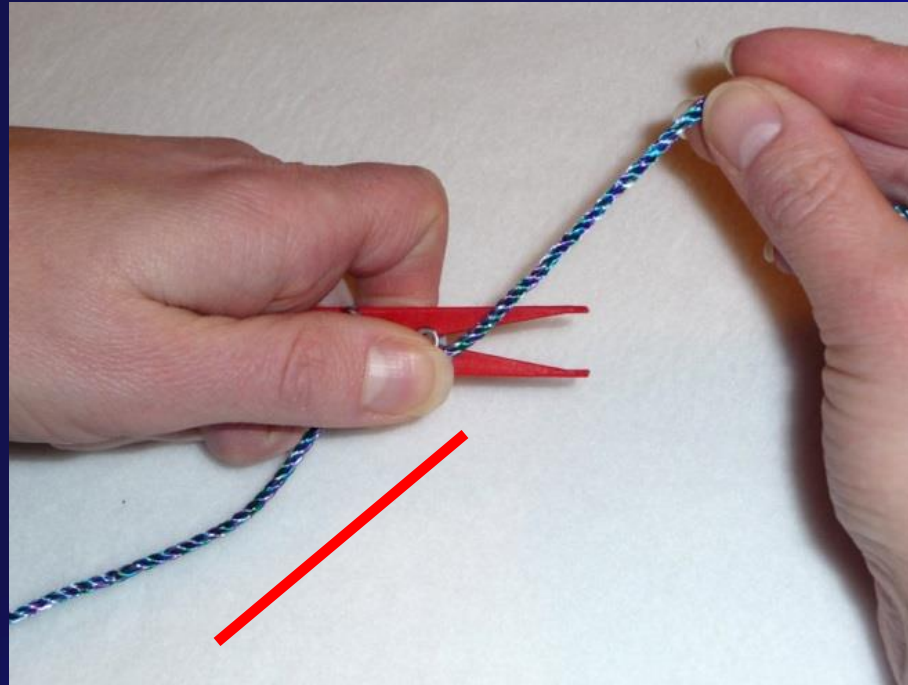


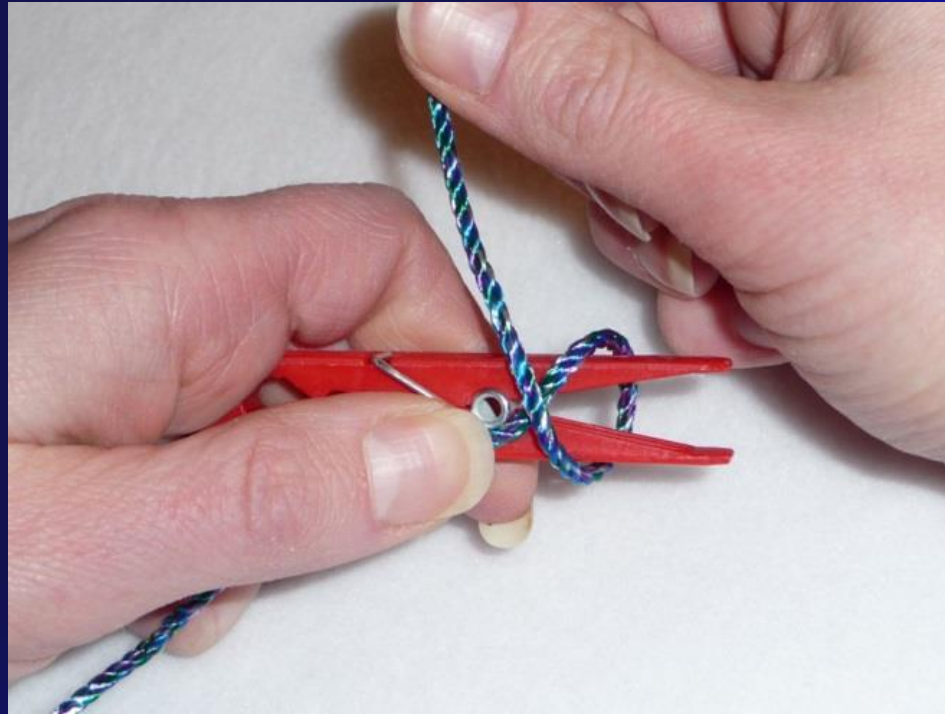
Our first knot is going to be about 8"- 9" in from one end of the cord.



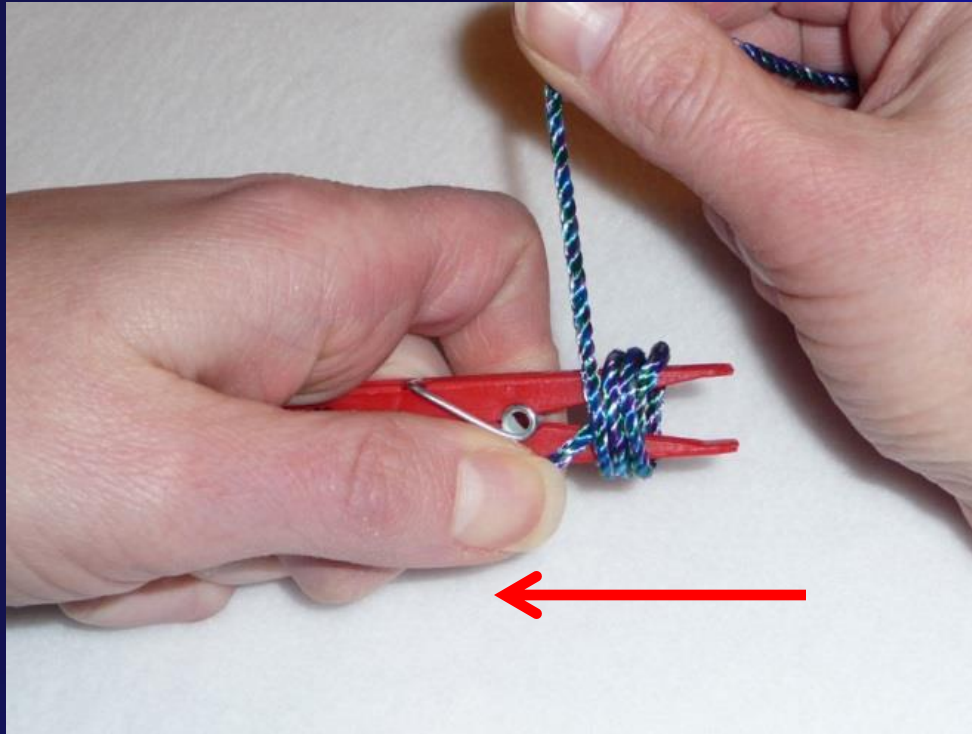
Your finger works just as well for knotting.



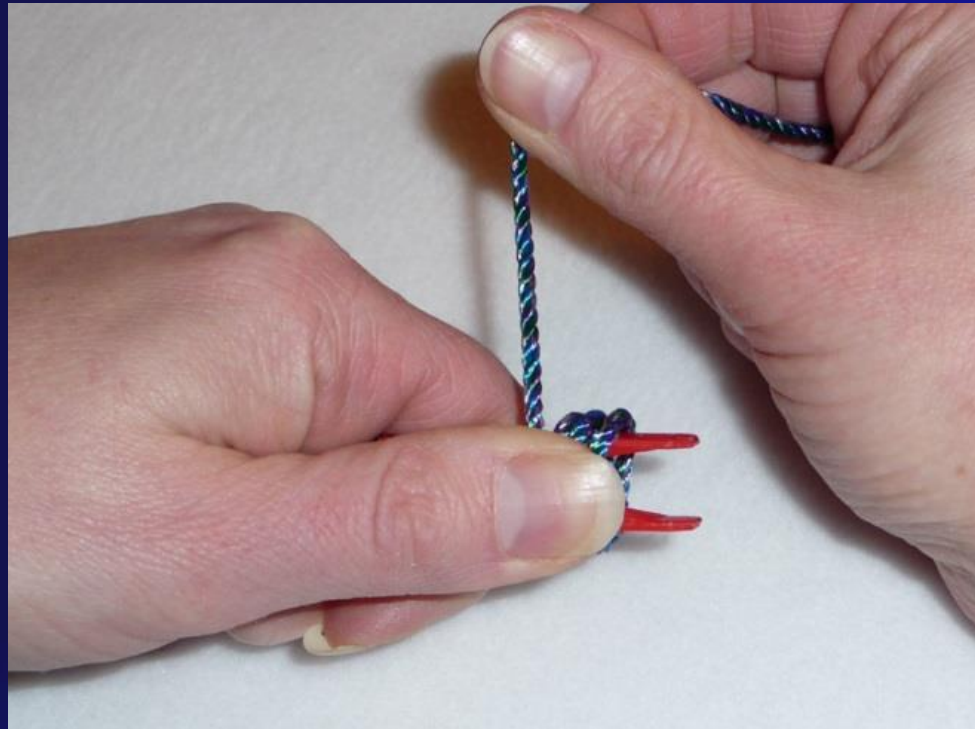
To make the barrel knot hold the clothes pin with the alligator mouth pointing to the right in your left hand. Use your left thumb to hold string in place. The string and any finished knots should be down and to the left on a diagonal.



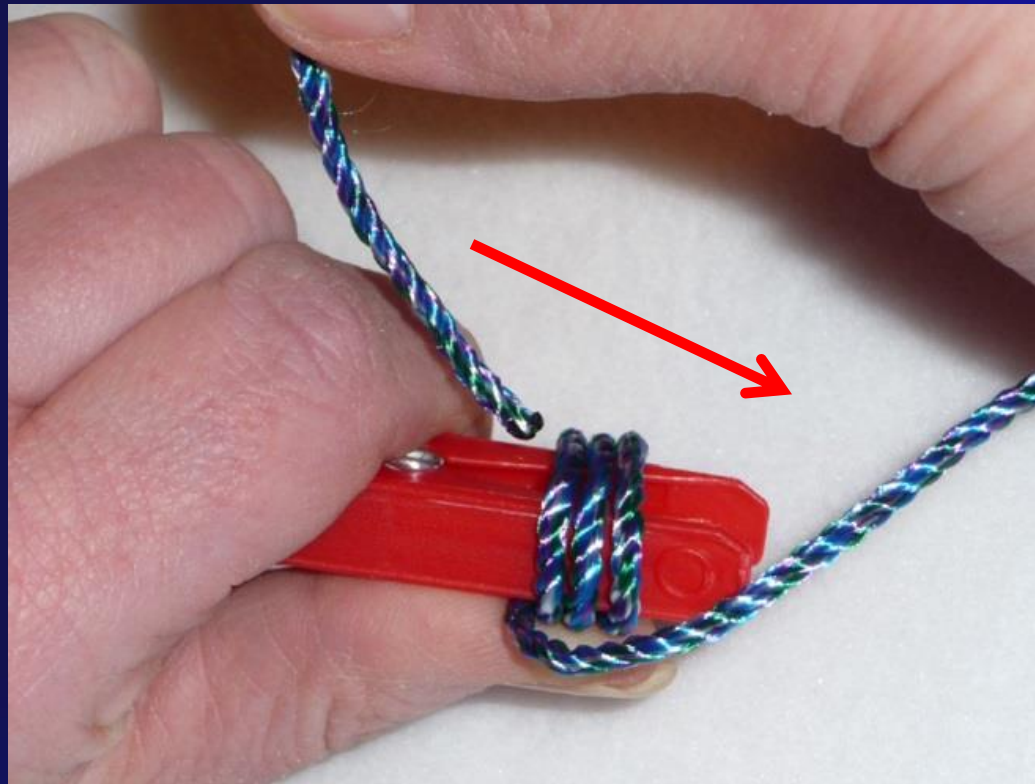
Wrap the cord around once making an "X."



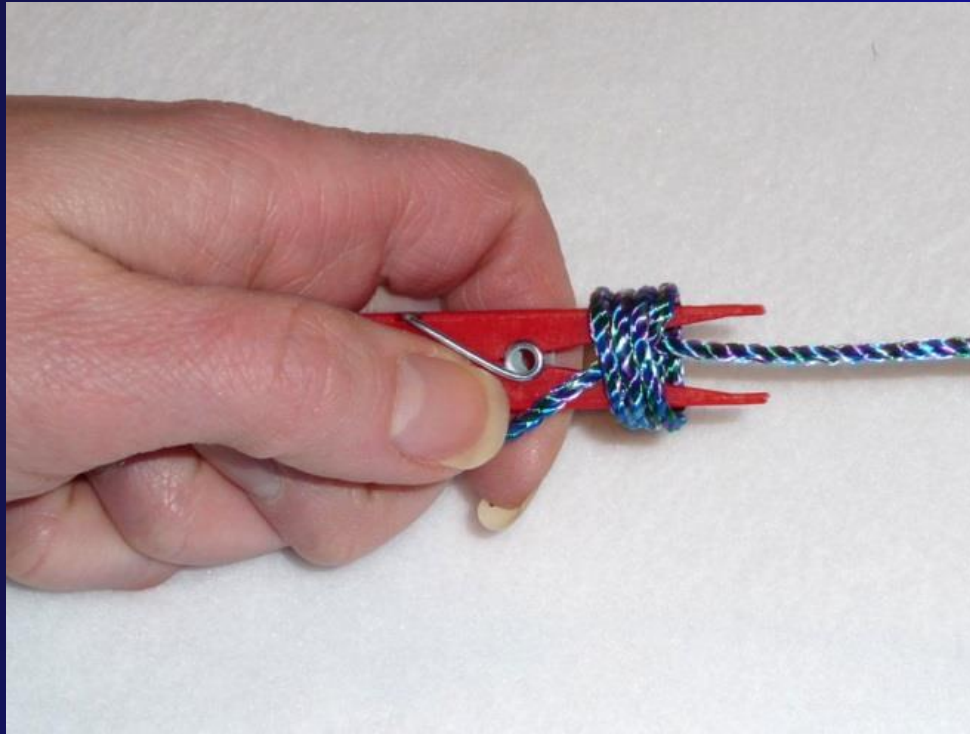
Wrap 2 more times around CLOSER TO YOUR LEFT THUMB EACH TIME!!! This gives you a total of 3 wraps.



Place your thumb on the wraps to clamp them in place.

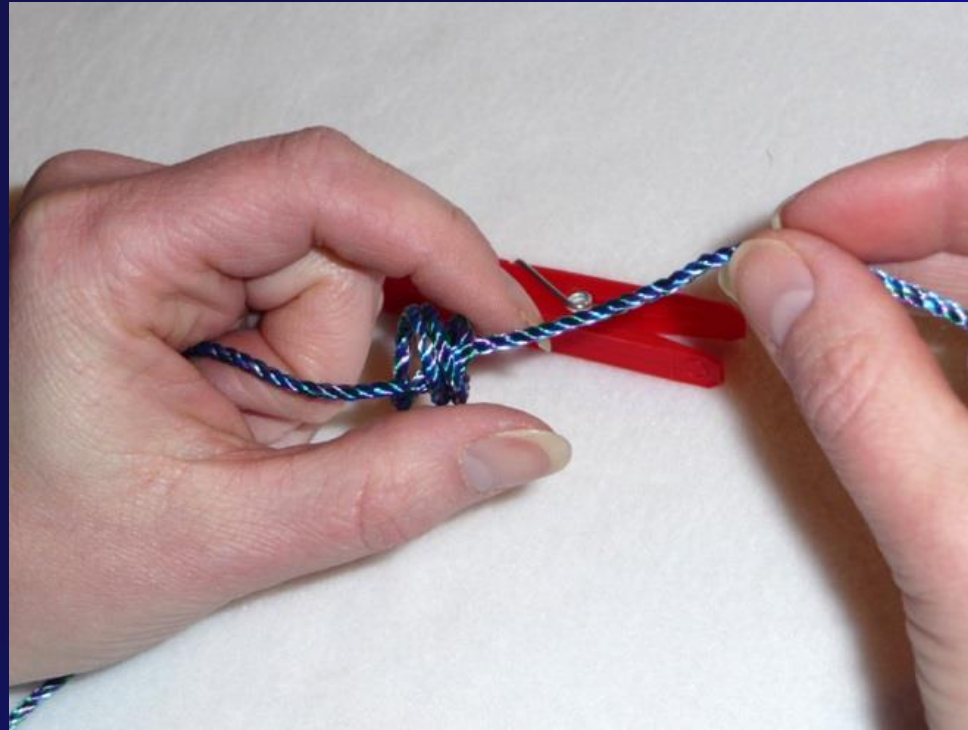


Rotate your hand so that you can see the back of the alligator. Insert the cord into the small part of the mouth and pull it through the other side.



Once the cord is all the way through gently slide the coil off the clip or your finger.

Be careful to keep the coils in order.

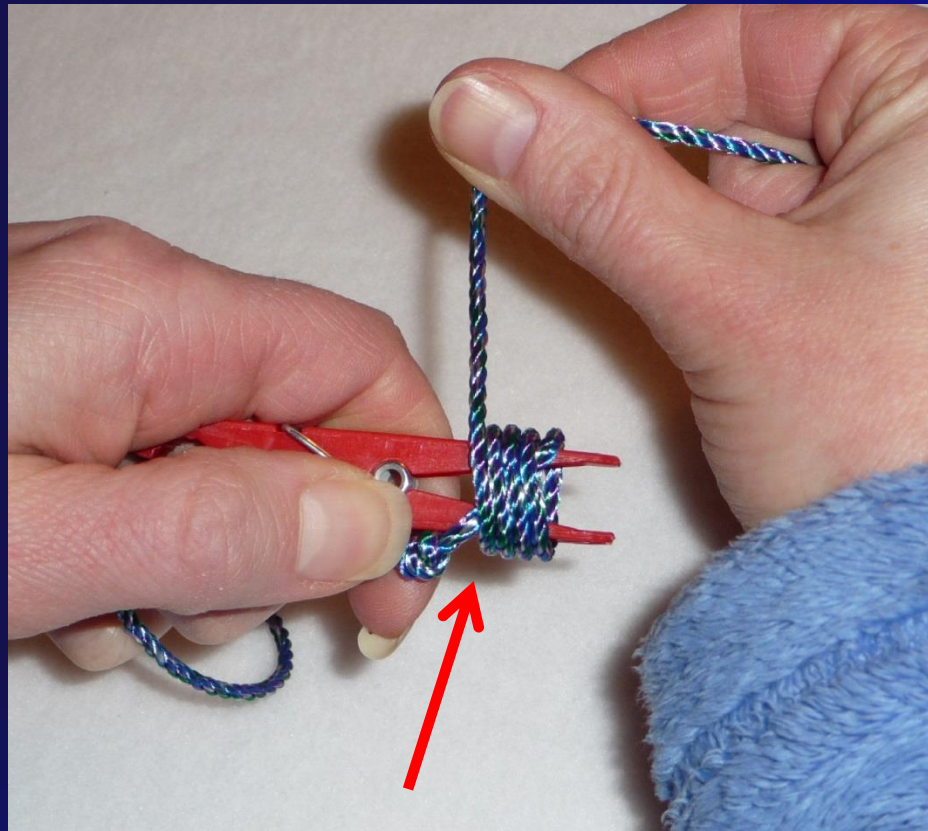


SLOWLY move the knot towards the place you want to position it as you **BEGIN** to tighten it. Once in place tighten the knot while keeping the coils in their order.

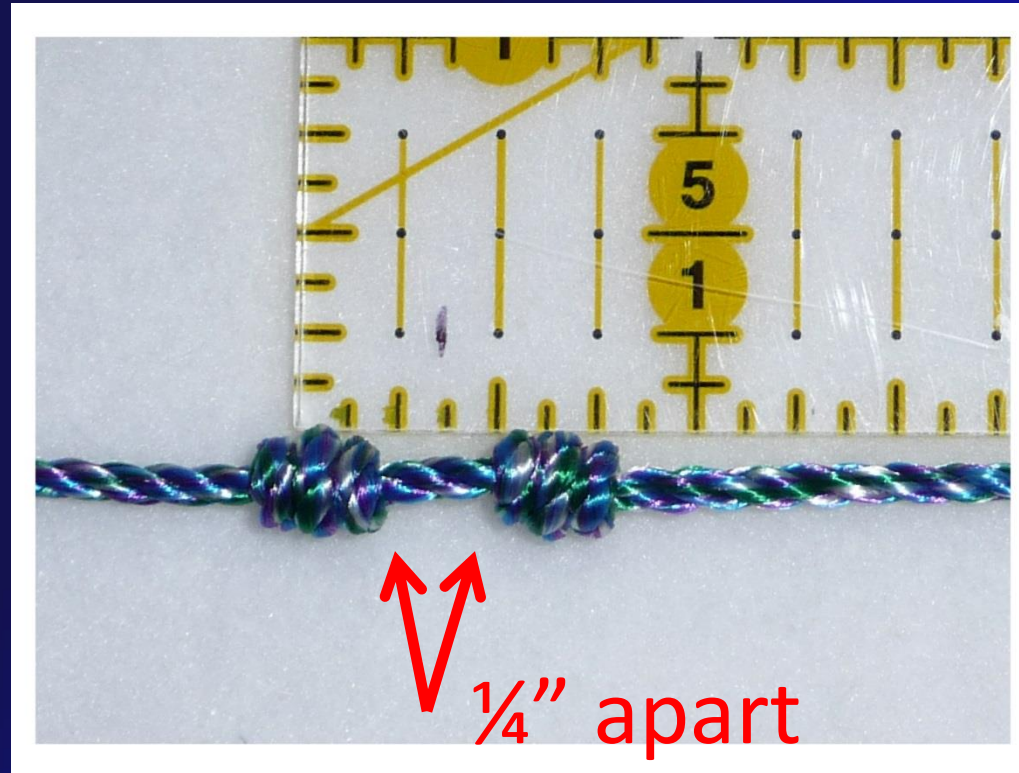


The final tightening of the knot comes from holding the knot and pulling the sting on each side. The knot should be hard.

Improvement comes with experience.



Holding the knot we just made as close as possible to the clip or work area on your finger, begin to wrap your next knot.



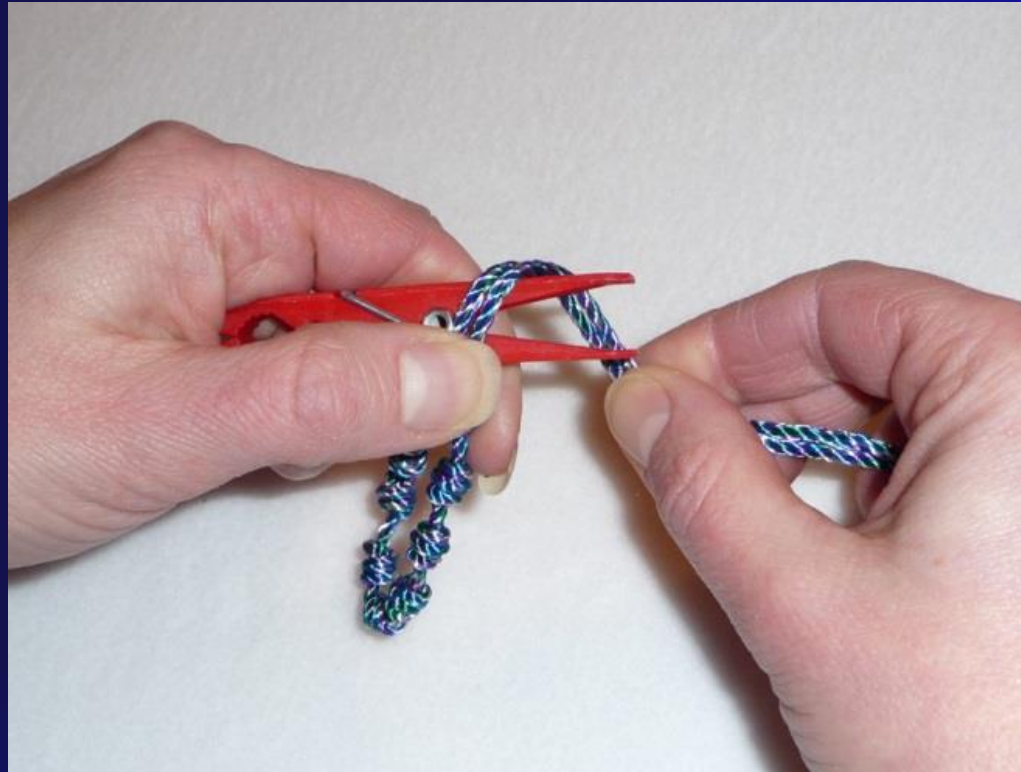
We want the Hail Mary knots to be about $\frac{1}{4}$ inch apart. Do not tighten your knot until you have moved it right next to the previous knot. The last tightening will allow you to move it the $\frac{1}{4}$ inch away.



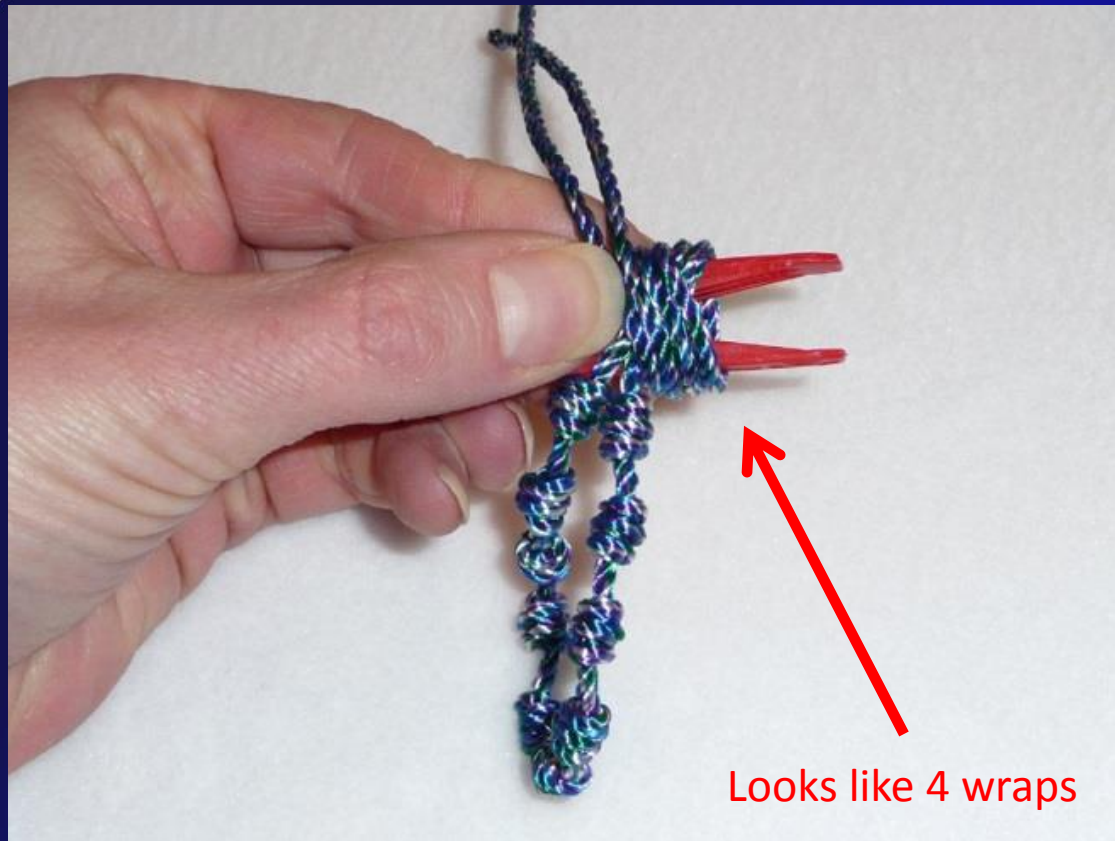
Make 10 of these knots $\frac{1}{4}$ " apart.
These will be the decade of the rosary.



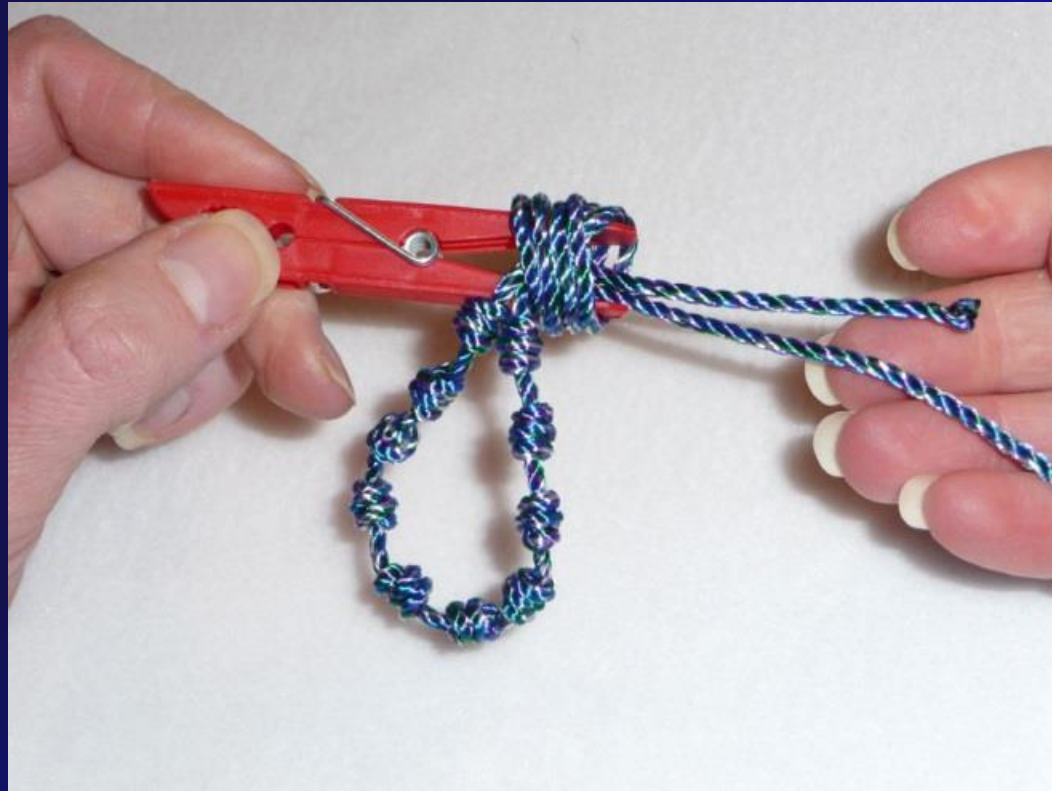
Now it's time to join the two ends; making the Our Father. Bring the two ends together keeping the first and last knots lined up.



Hold the finished work close to the clip or finger. Now begin to make the knot wrapping as if they were one strand.



Since we have two strands, wrap only twice. It will look like you have wrapped 4 times.



Slide both cords through the opening



Make sure to leave about $\frac{3}{4}$ " of cord between the decade and the Our Father knot. Keeping the Hail Marys even tighten the knot. Then pull each strand to get the knot tight as it can be.



Using only the long strand make a Hail Mary knot $\frac{3}{4}$ " away from the Our Father knot. Then make two more Hail Marys $\frac{1}{4}$ " apart.



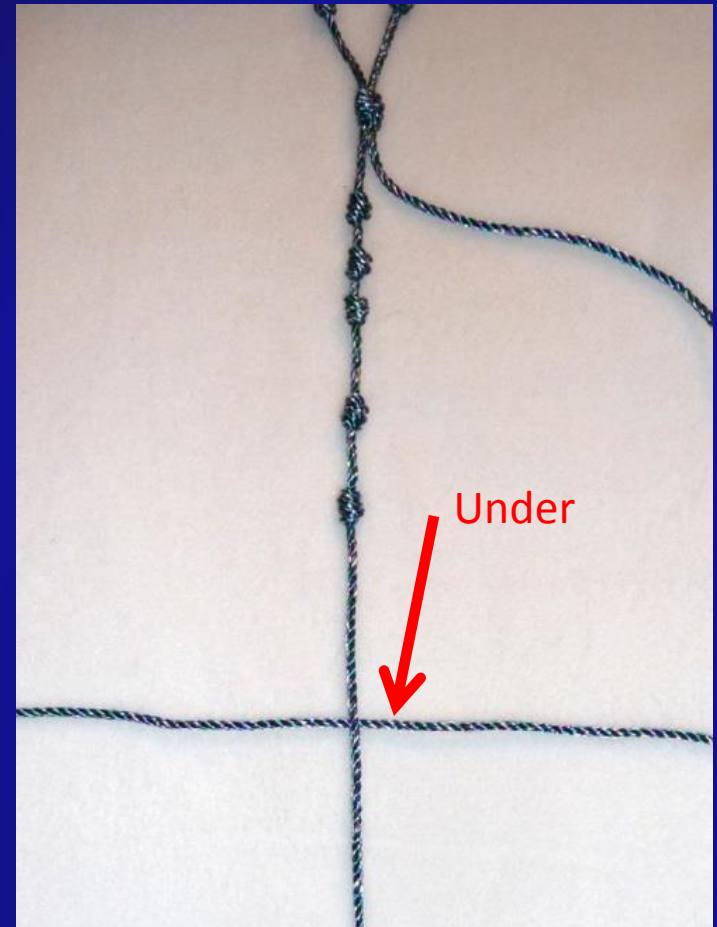
With $\frac{3}{4}$ " space from the Hail Marys make 2 knots with 4 wraps $\frac{1}{4}$ " apart. The second quad knot will be the top of the cross.



Now it is time to add the cross bar.

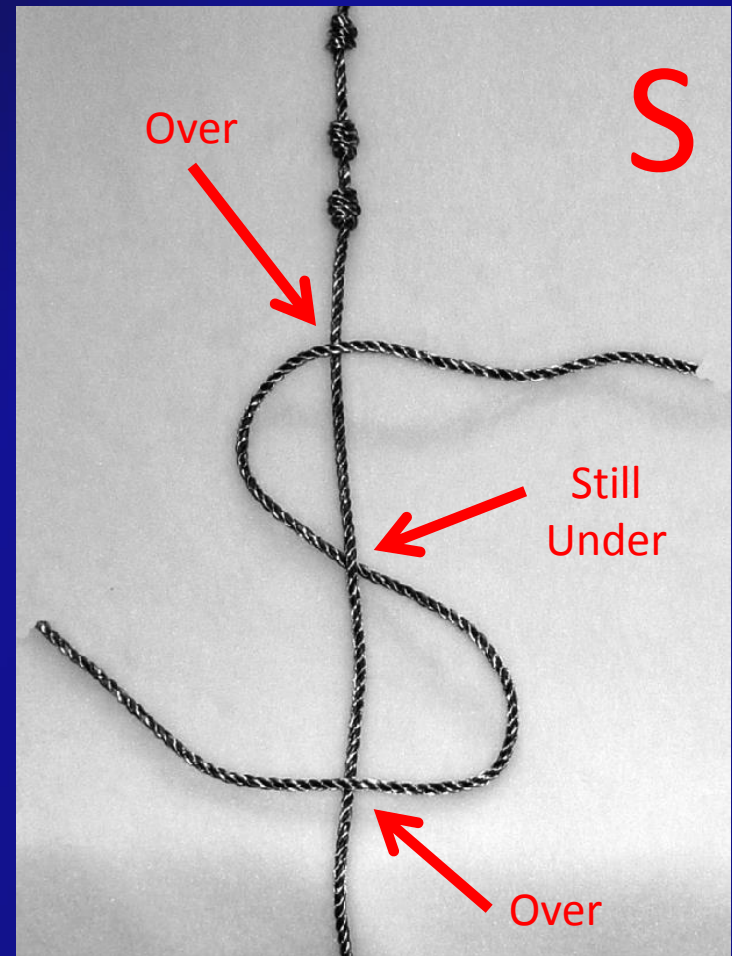
Lie the chaplet down with the long strand toward you.

Take the second piece of cord and slide it under the long strand a couple of inches down from the last quad. Make the sides of the second piece even.





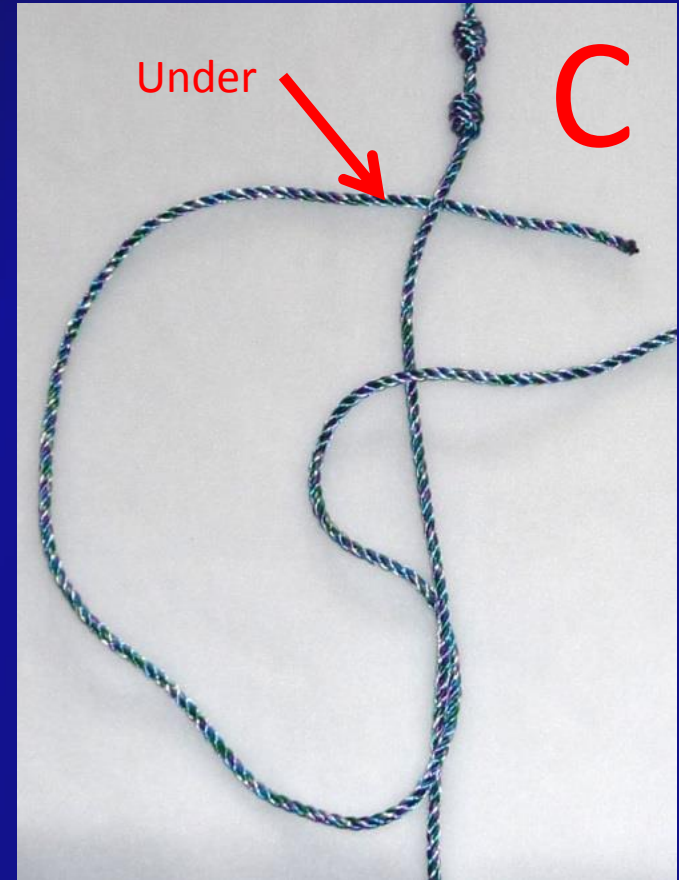
Using the ends of the second cord, make a large letter "S" by placing the ends over the long strand.





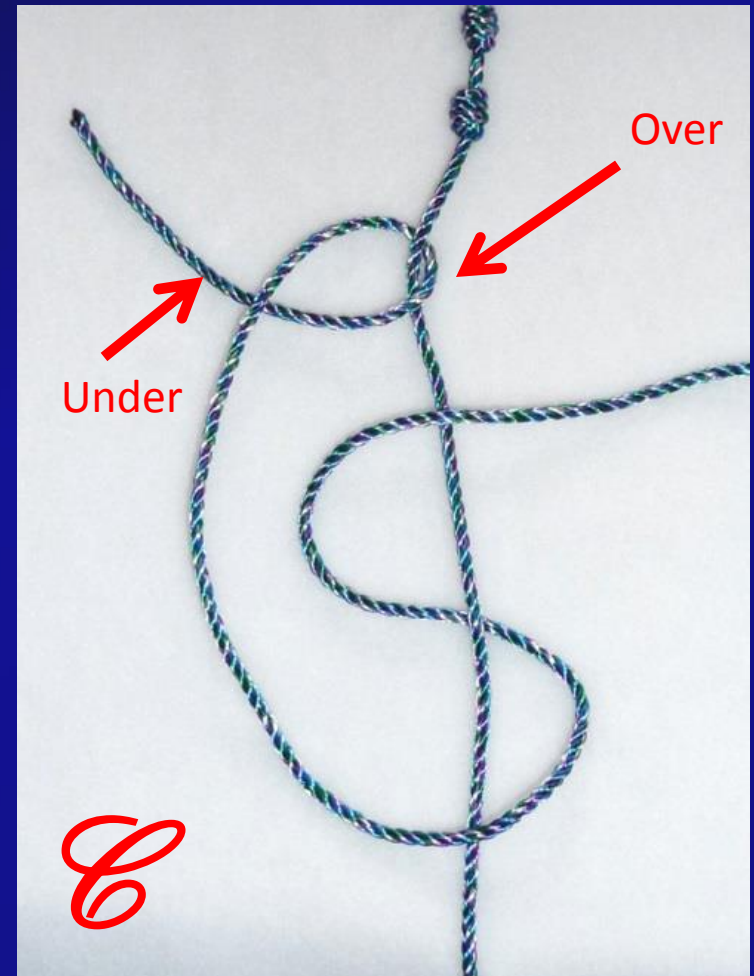
Using the strand from the bottom of the "S" we are now going to make a script "C".

First bring the end of the cord up and slide it UNDER the long strand.





Now we will make the flourish on the "C". Take the piece you just slid under & cross it over the long strand. Now pull it under the body of the "C".





Slowly tighten the knot trying to keep the center in place by holding it with a finger. When you have tightened it, pull the two strands of the long cord.

You should now be able to see the figure 8. The knot will not stay tight until another knot is pressed against it.





Check to make sure the two pieces are about equal length. Adjust if needed.

Slide the figure 8 knot up against the quad. You won't be able to keep it tight until the next knot is pressed up against it.

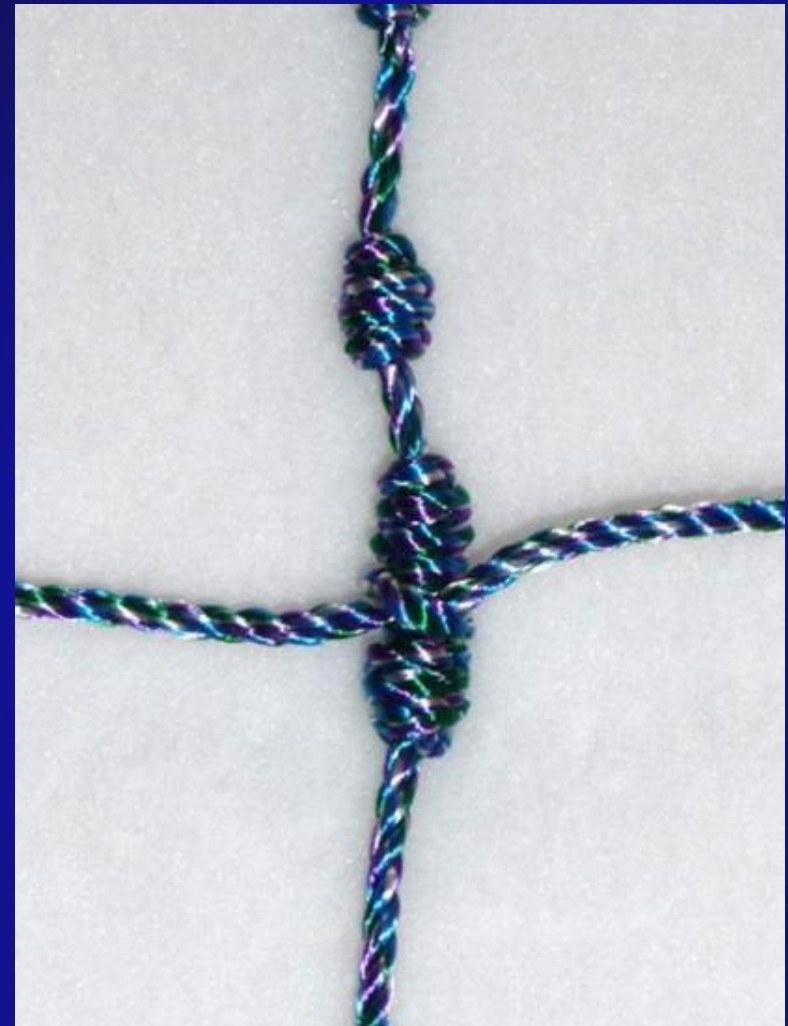




Make a quad-barrel.

Make sure you tighten it as much as possible against the figure 8 and the previous quad.

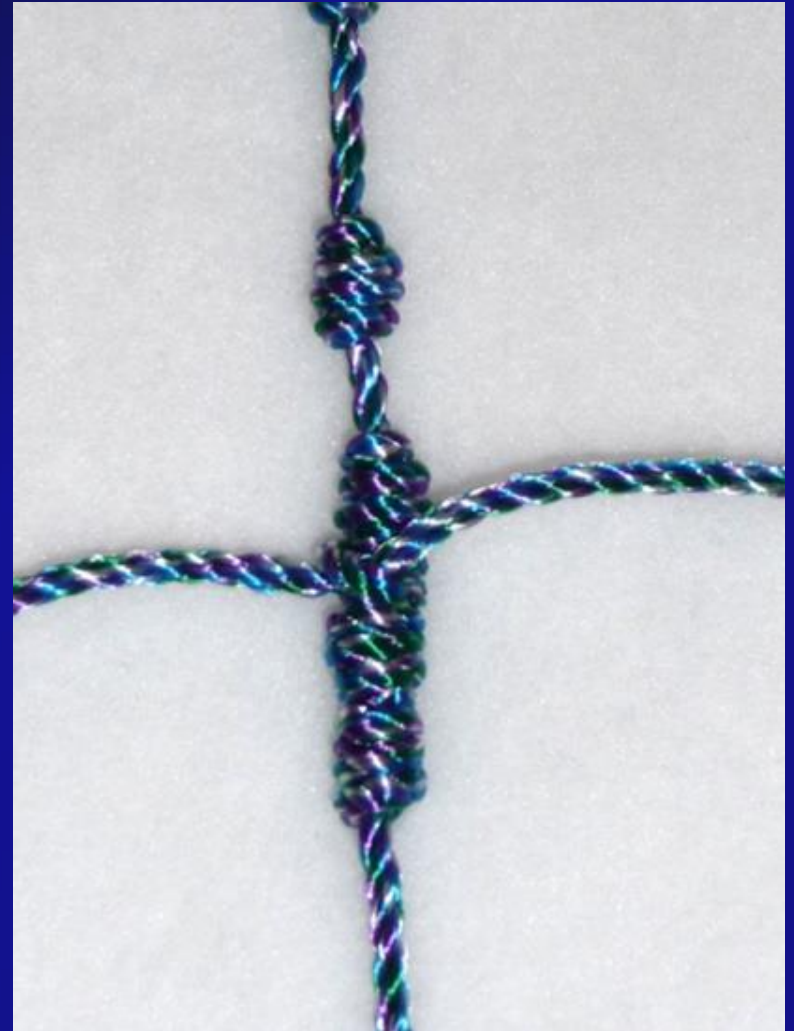
The cross should not be able to bend. To get the extra cord out of the knots in the cross, pinch the knot, then pull the cord while holding the knot.





Make a second quad.
Tighten it against the
last quad.

You have now
completed the bottom
of the cross.





To make the arms of the cross pull the figure 8 tight, then tie a quad. Tighten it against body of the cross.





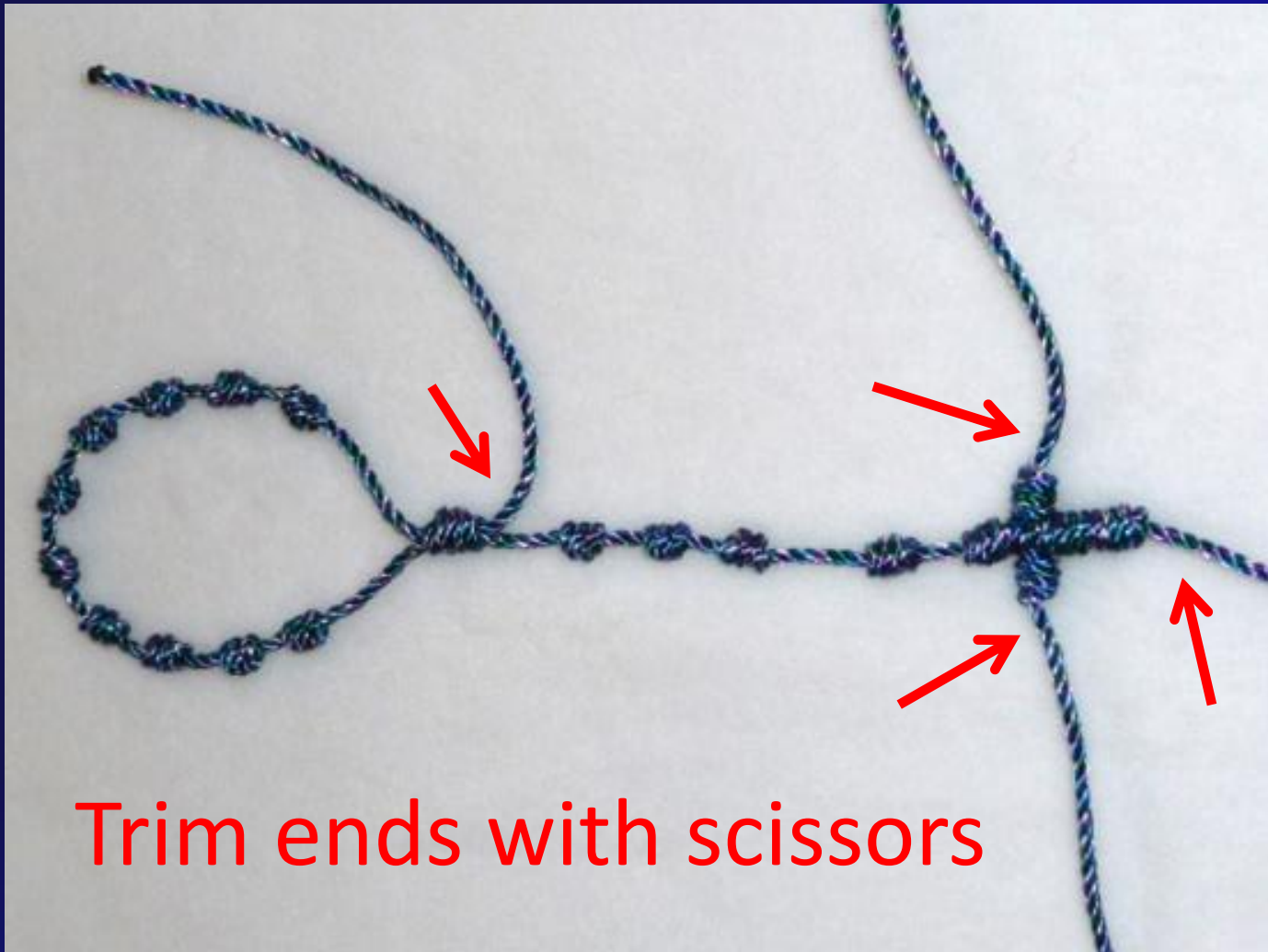
Make the second
arm
of the cross in
the same
way.





To finish the chaplet trim the ends with scissors close to the knots. Use the side of a flame candle to make the cut ends melt into little beads.

CAUTION: make sure you do not wear loose clothing. Tie back long hair and make sure you have a safe work area. Be careful not to place the finished part of the chaplet too close to the flame.



Trim ends with scissors



Congratulations!
You completed
your MRI safe
chaplet!



Please pray for those who
will be receiving these chaplets.



Kennedy's Rosary Project

krponline.org

For more information and video
instruction visit:

WWW.KRPONLINE.ORG

Thank you for being part of this very
special ministry!